


Mon	Tue	Wed	Thu	Fri
<p align="center">Sunday, Feb. 12 Conestoga Key Club Brunch 12:00</p> <p align="center">Discretionary donation collected at the door.</p>		<p>1 Surrey Great Decisions 9-10:30 Exercise 10:30-11:15 Lunch 11:30-12:30 The Nurse is In 12-1</p> <p>Chicken Marsala w potato</p>	<p>2 Apprise 10-1 (by appt.) Yoga 10:30-11:30 Lunch 11:30-12:30 Exercise 12:30-1:15 Drama 1:30-3</p> <p>Turkey Chili w rice</p>	<p>3 Wear Red Day Chair Yoga 10:30-11:30 Wonderful Watercolors 1:15-2:15 (Devon Manor) Women's Heart Health 12-2</p>
<p>6 Crochet Club 10-11:30 (Annex) Chorus 10-11:45 Lunch 11:30-12:30 Exercise 12:30-1:15 Yoga 6:30-7:30</p> <p>Beef, mushrm, barley soup; salad</p>	<p>7 Lunch 11:30-12:30 Exercise 12:30-1:15 MLSN Knitting 1:30-3</p> <p>Van Trip: Wegman's or Target</p> <p>Salmon cakes w tartar sauce</p>	<p>8 Surrey Great Decisions 9-10:30 Exercise 10:30-11:15 Lunch 11:30-12:30 Maximizing Your Retirement Income 1-2:15</p> <p>Spaghetti and meatballs</p>	<p>9 Yoga 10:30-11:30 Lunch 11:30-12:30 Exercise 12:30-1:15 TLA meeting 1:30-3:30 Drama 1:30-3</p> <p>Moroccan cous-cous with chicken</p>	<p>10 Chair Yoga 10:30-11:30 AARP Tax Aide by appt. 9-3 Wonderful Watercolors 1:15-2:15 (Devon Manor)</p> <p align="right">Sunday, Feb. 12 Key Club Brunch 12:00</p>
<p>13 Crochet Club 10-11:30 (Annex) Chorus 10-11:45 Lunch 11:30—12:30 Exercise 12:30-1:15 Yoga 6:30-7:30</p> <p>Turkey and guacamole sandwich</p>	<p>14 Valentine's Day  Lunch 11:30-12:30 Exercise 12:30-1:15 Caregivers Support Group 1:30-3</p> <p>Van Trip: Giant - Frazer</p> <p>Chicken and broccoli pasta</p>	<p>15 Surrey Great Decisions 9-10:30 Exercise 10:30-11:15 Lunch 11:30-12:30 The Nurse is In 12-1 Movie: <i>The Help</i> 12:45-3</p> <p>Tuna and orzo salad</p>	<p>16 Apprise 10-1 (by appt.) Yoga 10:30-11:30 Lunch 11:30-12:30 Exercise 12:30-1:15 Newsletter Stuffing 1-3 Drama 1:30-3</p> <p>Apricot glazed pork loin roast</p>	<p>17 Chair Yoga 10:30-11:30 AARP Tax Aide by appt. 9-3 Wonderful Watercolors 1:15-2:15 (Devon Manor) Lunch Outing: Hogfish Grill 12:00</p>
<p>20 Crochet Club 10-11:30 (Annex) Chorus 10-11:45 Lunch 11:30—12:30 Exercise 12:45-1:30 Yoga 6:30-7:30</p> <p>Chicken Cacciatore</p>	<p>21 MLSN Computer Basics 9-12:15 Lunch 11:30-12:30 Exercise 12:30-1:15 MLSN Knitting 1:30-3</p> <p>Van Trip: Wegman's or Target Cuban black bean soup</p>	<p>22 MLSN Great Decisions 9-10:30 Exercise 10:30-11:15 Lunch 11:30-12:30 Medicare 101 1-2 MLSN Continuing Bridge 1:30-3 MLSN Begin. Bridge 3:15-4:45</p> <p>Vegetable Quiche</p>	<p>23 Yoga 10:30-11:30 Lunch 11:30-12:30 Exercise 12:30-1:15 Drama 1:30-3 Bookends 1:30-3</p> <p>Caesar salad w grilled salad</p>	<p>24 Chair Yoga 10:30-11:30 AARP Tax Aide by appt. 9-3 Lunch and February Birthdays 11:30-12:30 AAA Refresher Driving Course 12:30-4</p> <p>Tilapia beurre blanc</p>
<p>27 MLSN Gmail 9-12:15 Crochet Club 10-11:30 (Annex) Chorus 10-11:45 Lunch 11:30—12:30 Exercise 12:45-1:30 Yoga 6:30-7:30 MAG mtg 1-3</p> <p>Spinach salad w warm bacon dr.</p>	<p>28 MLSN Windows 7, 9-12:15 Lunch 11:30-12:30 Exercise 12:30-1:15 Big Band Session 1:30-3 MLSN Knitting 1:30-3</p> <p>Van Trip: Giant - Frazer</p> <p>Pasta Fagioli Soup</p>	<p>29 MLSN Great Decisions 9-10:30 Exercise 10:30-11:15 Lunch 11:30-12:30 The Nurse is In 12-1 Movie: <i>Leap Year</i> 12:45-2:45 MLSN Continuing Bridge 1:30-3 MLSN Begin. Bridge 3:15-4:45</p> <p>Baked Chicken w veggies</p>	<p align="center">Berwyn Activities: Call Manager Wendi Jones 610-647-9172 to reserve a spot or register in the Lobby Activity Book</p> <p align="center">Legend: Annex = Lancaster Avenue Shop MLSN = Main Line School Night</p>	

Conestoga Key Club Brunch

Sunday, February 12, 12 - 1
Bring your neighbors, friends, and family to the best brunch around! Discretionary donation at the door.

Caregiver Support Group

Tuesday, February 14, 1:30 - 3
Surrey's Caregiver Support Group is an opportunity for caregivers to meet, discuss issues and get support. Our volunteer facilitator is Mary Jane Crisman.

Movie: *The Help*

Wednesday, February 15, 12:45 to 3
One of the most talked about books in years and a #1 New York Times best-selling phenomenon! *The Help* profiles three very different, extraordinary women in Mississippi during the 1960s, and an unlikely friendship that puts them all at risk.

Lunch Outing: Hogfish Bar and Grill

372 West Lancaster Avenue, Wayne
Friday, February 17, 12:00
Opened this past July, the Hogfish menu consists of 95% seafood, featuring fresh Floridian Hogfish, along with beef, lamb, chicken and pasta filling in the remainder. It is moderately priced and designed to be heart healthy (designated with red hearts on the menu). Ample parking is provided.

Bookends

Thursday, February 23, 1:30 - 3
The Surrey Book Club is discussing *The Book Thief* by Markus Zusak. Narrated by Death, the book is set in Nazi Germany, a period when the narrator notes he was extremely busy. It describes a young girl's relationship with her foster parents, Hans and Rosa, the other residents of their neighborhood, and a Jewish fist-fighter who hides in her home during the escalation of World War II.

Full of Flavor Friday & February Birthdays Lunch

Friday, February 24, 11:30 - 12:30
Chef Ben will be whipping up a delicious meal for your enjoyment. Invite a friend or neighbor for lunch!

AAA Refresher Driving Course

Friday, February 24, 12:30 - 4:30
Cost: \$20.00 per person (due at registration)
Minimum: 15, Maximum: 30
This 4-hour refresher course keeps drivers up-to-date on the latest risk reducing driving techniques. It focuses on defensive driving skills and learning to react to potentially dangerous traffic situations. Plan to enjoy our Full of Flavor Lunch (see above) before the class!

Big Band Session

Tuesday, February 28, 1:30 to 3
(Snow date Tuesday, March 13)
Warm up your winter in the make believe ballroom with Basie, Dorsey, Ellington, Herman, Kenton, Miller, Shaw and more. Focus on all-time band and vocal favorites and some surprises too! All in stereophonic sound. Actual recordings from the 30's, 40's and 50's.

Movie: *Leap Year*

Wednesday, February 29, 1 - 2:30
A woman heads to Ireland in order to force her boyfriend to accept her wedding proposal by scheduling it on leap day, the only time when he couldn't refuse due to the country's tradition. Starring Amy Adams, Adam Scott, John Lithgow, Matthew Goode.

Surrey Great Decisions

Wednesdays, February 1, 8, and 15
9:00am to 10:30am
This current affairs discussion group is free to Surrey members on the dates listed above. To continue to attend after these dates, please register through Main Line School Night.