


Mon	Tue	Wed	Thu	Fri
Don't forget—Surrey can provide rides to the grocery store, shopping centers or even to your hairdresser! Call us at 610-544-1770 for more details.		<i>1</i> Coffee Hour 10 - 11:30 Tai Chi 11:30 - 12:30 Pinochle 12:30	<i>2</i> All you can eat Pancakes 10:00 Book Club 12 - 1 YogaStretch 1:00	<i>3</i> Wear Red Day Rides to Lawrence Park Shopping Center—Call the office to make your reservation!
<i>6</i> Exercise 1 - 1:45	<i>7</i> Exercise 10 - 10:45 Canasta 11 - 1	<i>8</i> Coffee Hour 10 - 11:30 Meet & Greet Lunch Outing— Barnaby's 11:00 Tai Chi 11:30 - 12:30 Pinochle 12:30 - 3	<i>9</i> Just For Men—Breakfast at Country Squire Diner 9:30 Critic's Choice Movie—Title TBA 12 (MPL) YogaStretch 1:00	<b>Sundays with Surrey!</b> <b>Sunday, February 12, 12:00</b> Conestoga High School Key Club Brunch at Surrey Berwyn.  <b>Sunday, February 19, 10:30</b> Brandywine River Museum Trip, free admission. See page 2 for details.  <b>Sunday, February 26, 11:00</b> Join Surrey for brunch at Swath- more College. See page 6 for details.
<i>13</i> Stitches & More 10 - 12 Grandparenting in the 21st Cen- tury 11 (MPL) Exercise 1 - 1:45	<i>14</i> Happy Valentine's Day! Exercise 10 - 10:45 Canasta 11 - 1 	<i>15</i> Coffee Hour 10 - 11:30 Tai Chi 11:30 - 12:30 Pinochle 12:30	<i>16</i> YogaStretch 1:00 Perfect Pie Contest 2:00	
<i>20</i> Member Get-Together—Mardi Gras Brunch 11:00 Exercise 1 - 1:45	<i>21</i> Exercise 10 - 10:45 Canasta 11 - 1	<i>22</i> Coffee Hour 10 - 11:30 Tai Chi 11:30 - 12:30 Pinochle 12:30 - 3	<i>23</i> YogaStretch 1:00 Dinner Outing to Ruby Tues- day's at the Springfield Mall 5:00	<i>24</i> Movie Outing to Edgmont —Time & Movie TBA  Member Birthday Lunch in Havertown 11:45-12:30
<i>27</i> Harrah's 10:00 Exercise 1 - 1:45	<i>28</i> Exercise 10 - 10:45 Canasta 11 - 1 Activity Planning Committee Meeting 1:15	<i>29</i> Coffee Hour 10 - 11:30 Tai Chi 11:30 - 12:30 Pinochle 12:30	<b>Coming in March... Line Dancing on Thursdays! Details in next month's newsletter.</b>	<b>Please call us at 610-544- 1770 to sign up for events!</b> <i>All Surrey activities unless noted by ( ) are held at Trinity Church, 144 Lawrence Rd., Broomall. MPL is the Marple Public Library</i>

**Coffee Hour**

Wednesdays, 10:00

Stop by and grab a cup 'o joe or stay and chat longer. We'll have newspapers, coffee, breakfast treats and friendship offered at no extra charge!

**All You Can Eat Pancakes**

Thursday, February 2, 10:00

It's the best breakfast in town! For a \$2 donation, you can have applesauce, two sausage links, coffee or tea and all the pancakes you can eat!

**Book Club**

Thursday, February 2, 12:00

Join us as we discuss *Love Walked In* by Marisa De Los Santos and give out next month's book, *The Art of Racing in the Rain* by Garth Stein. No charge.

**YogaStretch**

Thursdays, in January and February, 1:00

By popular demand, we're pleased to welcome Connie from Surrey's Media Center to teach YogaStretch for 8 weeks (January and February). The class will offer seated and standing yoga positions designed to help with balance, strength and flexibility, while breathing exercises relieve stress and provide more energy. Floor mats are NOT needed for YogaStretch. Charge: \$16 for the 8 week class or drop in fee of \$3/class.

**Meet & Greet—Lunch Outing to Barnaby's**

Wednesday, February 8, 11:00

Meet your Surrey friends for lunch at this popular restaurant—just off Lawrence Road and West Chester Pike in Havertown (behind the Old Haverford Hospital).

**Just For Men—Breakfast at the Country Squire Diner**

Thursday, February 9, 9:30

Calling all gentlemen! Join some of our Surrey gents for our first men's breakfast. Enjoy a big breakfast, or just a cup of coffee. Cost—on your own, off the menu.

**Critics Choice—Movie at the MPL**

Thursday, February 9, 12:00

Come to the library and help choose the movie we'll be showing from recent releases. Donation \$1.00. Held at the Marple Public Library.

**Stitches & More**

Monday, February 13, 10:00

Whether you knit, crochet, stitch or mend, you're welcome to bring your own project to work on. Or, if you have a project you're stuck on, get some feedback from our talented group. No charge.

**Grandparenting in the 21st Century**

Monday, February 13, 11:00 (MPL)

Join Julie Chippendale, MSS, LCSW, Surrey's Home Care Community Liaison, as she leads us in a discussion about the changing roles of grandparents in today's society. No charge. Held at the Marple Public Library.

**Perfect Pie Contest**

Thursday, February 16, 2:00

Contestants and judges wanted! Bring your best pie (and the recipe), we'll all sample the entries and award bragging rights to the champion! No charge for contestants (those bringing a pie), \$2 donation for judges (everyone else).

**Member Get Together – Mardi Gras Brunch**

Monday, February 20, 11:00

Join your Surrey friends for a Mardi Gras themed brunch. Costumes are encouraged! Donation \$3.00. Please call to make your reservation!

**Dinner Outing—Ruby Tuesday's at the Springfield Mall**

Thursday, February 23, 5:00

Burgers, pasta, sandwiches—pick what you like! We'll enjoy a delicious dinner—please call if you need transportation.

**Movie Outing to Edgmont**

Friday, February 24, (time TBA, shows & times unavailable when the newsletter went to press) Please call the office for the movie listing and show times a few days before (times aren't posted until then). We'll pick from the available movies and see an afternoon show. Please call the office if you're interested.

**Activity Planning Committee Meeting**

Tuesday, February 28, 1:15

Interested in being part of the planning "think tank" for our monthly activities? Bring your ideas and join our group.

**Need a ride to an activity?  
We can help!**

Surrey provides reliable, affordable and convenient transportation to activities, or any other appointment for that matter! Call Mike at 610-544-1770 for more information or to arrange a ride.